



Underage Access to the Fitness Centre

Last updated: January 1, 2018

These are the rules regarding access to the Fitness Centre, gymnasium and field for patrons under the age of 18. **All patrons under the age of 18 must have their waivers signed by a parent/guardian.**

Guidelines

10 years and under:

No access to the Fitness Centre with no exceptions

*Underage access to the **gymnasium and the soccer field ages 8- 13 years**

1. Must pay the underage access fee of \$2
2. Youth must fill out the "Youth Code of Conduct Waiver Form"
3. Must have a Child and Youth waiver signed by a parent/guardian
4. Youth ages 8 – 10 years must have an older youth or parent with them to supervise

11-13 years:

No access to Fitness Centre unless all four components are met:

1. Already participated in or currently participating in a PISE strength based program
2. Must be accompanied by an adult at all times who is over the age of 18 years
3. Youth must fill out the "Youth Code of Conduct Waiver Form"
4. Must have a waiver signed by a parent/guardian

14-17 years:

Access to Fitness Centre only with all three components met:

1. Youth orientation performed by a Strength & Conditioning Coach or Fitness Attendant
2. Youth must fill out the " Youth Code of Conduct Waiver Form"
3. Must have a waiver signed by a parent/guardian

18 years and older:

Access with no stipulations