

Pacific Institute	e for Sport Excellence

POSITION TITLE	Canadian Sport School Coach
REPORTS TO	Personal Training and Testing Coordinator and Business Development
	Manager
COMMITMENT	Full Time Permanent
COMPENSATION PACKAGE	Salaried Position, Comensurate with Education and Experience

#### **ORGANIZATION SUMMARY**

Founded in 2008, PISE is a non-profit organization that provides programs and services for South Vancouver Island while managing the Pacific Institute for Sport Excellence facility, the first summer sport institute in Canada. Nationally recognized for work in the areas of physical literacy and inclusion, PISE is also a part of the ViaSport Regional Alliance in BC. The organization helps build a healthy, active community while focusing on inclusion, physical literacy, active living and **supporting the development of performance sport**. PISE's driving purpose is to transform lives through healthy activity and sport by providing physical activity and health education programming and services for children, youth and adults. Visit PISE.ca to learn more.

The Canadian Sport School at PISE offers the opportunity for local high performance student athletes to train and learn at PISE in a professional and organized training and educational environment. Students spend half their day at PISE in strength and conditioning, gymnastics training (off-site), sprint training and sport peformance seminars while attending the other half of their day at their home school. Student athletes in this program have been identified by their sport on the performance pathway and show a high level of commitment to their sport and education.

We are seeking a passionate and experienced coach who has experience working with youth on the performance development pathway.

#### **POSITION SUMMARY**

The Canadian Sport School (CSS) Coach is accountable for enacting the Canadian Sport School (CSS) and IGNITE programs within the Victoria campus. This includes both technical (e.g. S&C programming, physical testing) and administrative (e.g. enrolment, reporting) oversight. Additionally, the position will be required to engage and collaborate with the Sport School Teacher and external partners across the local and national sport community (Canadian Sport Institute Pacific) and the PacificSport regional network.

During Canadian Sport School program breaks, the Canadian Sport School Coach will provide strength and conditioning programs and services to the general community, with a focus on youth performance development.

#### **KEY ROLES & RESPONSIBILTIES**

- 1. Develop and implement strategy for CSS program in Victoria campus. (Priority Focus)
  - a. Manage delivery of IGNITE curriculum to CSS student-athletes including, but not limited to, S&C, physiological testing, and monitoring long-term athlete development.
  - b. Manage coordination of CSS facilities at PISE and off-site (ie. Gymnastics training).



## JOB POSTING

- c. Work with PISE Communications on coordination and distribution of CSS communique through various channels including, but not limited to, weekly newsletter, website, and social media.
- d. Manage relationships with relevant School District 62 staff members, teacher(s), and principal(s).
- e. Coordinate delivery of recruitment initiatives including, but not limited to, Canadian Sport School Info Night, community association / local high school presentations, and sport-system partner outreach.
- f. Oversee the student-athlete application, interview, and selection process.
- 2. Develop programs and offer personal training services for the general community, with a focus on youth athlete performance development. (Secondary Focus, when time allows)

#### **OTHER DUTIES / TASKS:**

- 1. Provide Mentorship opportunities for Strength and Conditioning Coaches
- 2. Light cleaning duties and tidying throughout facility as necessary.
- 3. Room/equipment set up and take down as needed.
- 4. Any other tasks assigned by PISE as required.

#### **KNOWLEDGE, SKILLS & ABILITIES**

- Ability to build strong relationship based on trust, support, and open communication
- Possesses strong leadership and interpersonal skills
- Demonstrates drive and initiative
- Analyzes issues and resolves problems with excellent judgement and decision making skills
- Promotes teamwork and commitment to PISE's overall mission, vison, and goals

# QUALIFICATIONS REQUIRED:

- Master's Degree strong preference, or post-secondary degree plus equivalent experience in related field (Kinesiology, Biomechanics, Physiology, etc.).
- Certified Strength and Conditioning Specialist (CSCS) from National Strength and Conditioning Association (NSCA) or international equivalent.
- 1+ years professional experience in elite sport, inter-disciplinary environment.
- Experience with competitive athletes is considered an asset
- Current Standard First Aid CPR/AED Level C
- Current Police Information Check with Vulnerable Sector Screen, or willingness to provide one prior to start of position



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#### **DESIREABLE:**

- Bachelor's Degree, Diploma, and/or Graduate Certificate in business-related field (Sport Management, Business Administration, Marketing, etc.).
- NCCP training in Olympic Weightlifting, Athletics (Sprints), and Gymnastics.
- 3+ years professional experience in elite sport, inter-disciplinary environment working with athletes at the Train to Train (T2T) and/or Train to Compete (T2C) stages of the Long-Term Sport Development model.

**Total Compensation will include**: comprehensive employer paid extended health and dental plan, RSP matching contribution program, opportunities for professional and personal development, free fitness memberships and program registration, flexible work schedule, and flexibility to follow your passions that support our work and workplace culture.

### TO APPLY

Please submit a resume and a cover letter by midnight, August 12<sup>th</sup>, 2022 to:

Stacey Lund Business Development Manager slund@pise.ca

Thank you for your interest in PISE.

Review of applications will begin immediately and interested candidates are encouraged to promptly submit their full application here. Only shortlisted candidates will be contacted.